

From 1st May 2024 Barnardo's are looking forward to providing services that will support children and young people who live in Lancashire and South Cumbria to grow up with healthy minds, feel confident and resilient and fulfil their potential. This support is within the 'Getting Help' element of the THRIVE model.

Barnardo's will provide support to children and young people who are currently waiting for 'getting help' therapeutic support from outgoing providers as well as those children and young people referred after 1st May 2024.

Those children and young people who are currently on waiting lists are being contacted to seek their consent for their details to be shared with us to try and ensure a seamless transition.

Barnardo's Approach

In everything we do, we work with children and young people to be safer, happier, healthier and more hopeful, we are:

- Child-directed:** giving a young person the intervention driving seat
- System-focused:** working with the system to improve relational health
- Strengths-based:** using a 'what's right with you' approach to build hope & resilience
- Outcome-informed:** using feedback to shape and personalise each intervention.

What support will be available in Lancashire and South Cumbria?

We believe that children and young people should be at the centre of any plans about their wellbeing so we will meet with young people to identify:

- What they enjoy
- What is difficult?
- What support they would like and how they would like to get that support?

Once we understand these factors we have a number of highly skilled and therapeutically trained team members who provide one to one support, group work and counselling. These staff members will work with children and young people to ensure they have an individualised plan to help them achieve the goals they have identified for themselves.

Will the transfer from previous providers to Barnardo's happen automatically?

As long as consent is given, then yes it will happen automatically. If consent is not given details will not be shared and Barnardo's will not make contact to offer support.



Changing childhoods.
Changing lives.

How is consent given?

Individuals will be asked by their current worker or provider if they are happy for their information to be shared and for Barnardo's to contact them after the 1st of May 2024. If consent is given no further action is required.

How can I make a referral?

Barnardo's will provide an open access service and as such will accept referrals directly from children, young people, their families, carers and professionals around them. Referrals will be received by the 'Navigation Team' who will support children, young people and their families during their journey in, through and out of the service.

As from 1st May 2024 referrals routes will be widely published and the Navigation Team will be on hand to support referees via the Referral and Advice Line. We can not accept any new referrals prior to this date.

What If I have more questions

From 1st May 2024 Barnardo's will be providing information to children, young people, families, carers and related professional about the service in more detail. This will include online information, information events, leaflets and posters. All contact details will be publicised at this stage.